

DIVISION III MEET

LONG COURSE MEET



Naenae Pool – Lower Hutt

Saturday 9th March 2019

Session 1 Warm up 9.00am, 9.30 am start

Session 1	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
Event numbers	50 breast		200 medley		100 back		100 fly		50 free	
10 yrs and under	1	2	11	12	21	22	12yrs and	37	38	
11yrs	3	4	13	14	23	24	Under	39	40	
12yrs	5	6	15	16	25	26	31	32	41	42
13yrs	7	8	17	18	27	28	33	34	43	44
14yrs and over	9	10	19	20	29	30	35	36	45	46

Door Charges

- Spectators \$3.00
- Swimmers and named officials free
- Full meet programme \$3.00.

Session 2 Warm up 1.30 pm, 2pm start

Session 2	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
	50 fly		100 free		100 breast		50 back	
10 yrs and under	47	48	57	58	67	68	77	78
11yrs	49	50	59	60	69	70	79	80
12yrs	51	52	61	62	71	72	81	82
13yrs	53	54	63	64	73	74	83	84
14yrs and over	55	56	65	66	75	76	85	86

Meet Conditions:

This meet is open to club & competitive swimmers registered with SNZ

- Swimmers not eligible to enter this meet;
 - Swimmers who finish in the top three in any event at any of SNZ's 2019 Junior Festival meets.
 - Swimmers qualifying for SNZ's 2019 Open Nationals, National Age Groups & Div II Competitions.
 - Swimmers over 18 yrs who have swum faster than the 18 year olds Div II qualifying times in any event.
- Age as at the date of the meet.
- No times will be accepted.
- All events will be swum as timed finals.
- Medals will be presented to the fastest three swimmers in each event. Finalist ribbons will be available for collection for those finishing from fourth to seventh.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Meet will be swum under Swimming NZ /FINA rules. Protest fee will be \$50.00
- Para swimmers are eligible to compete at this meet and shall compete under the IPC Swimming Rules. Para swimmers must present their classification card to the Meet Director prior to the commencement of the meet
- Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington, PCA or the swimmer's club in accordance with the SNZ Member Protection Policy.
- Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate & sighted by the Technical Director prior to the start of the session where strapping is applied.
- Porirua City Aquatics reserves the right to restrict entries, combine events or alter the programme.
- On-line entries via SNZ website close on 2nd March at midnight. Entry fees \$9.50 per event to be paid by credit card at the time of entry. PCA is GST reg. no 55-174-466
- There will be no refunds after the psych sheets are circulated.
- There is to be no diving during the warm up except in the allocated sprint lanes 1 and 7 for the duration of the warm up. For all other lanes, including the shallow end pool entry must be feet first.
- Each club is to provide at least one qualified IOT and three timekeepers per session. Please send names of nominated officials to Beckie Duffy at officials@swimporirua.co.nz no later than 2nd March 2018
- PCA will not be liable for any loss, damage or injury that may occur at this meet
- Technical director/Meet referee Brent Harris 027 489 1120. Meet organiser Viv Morton ph 234 7071