

Events:

1. 200 Freestyle
2. 100 Breaststroke
3. 50 Freestyle
4. 200 Butterfly
5. 50 Backstroke
6. 100 Freestyle
7. 200 Medley

Swimmers who compete in three events will be eligible for one of the four cash prizes of \$50.00 to be drawn at the end of the meet. Swimmers must be present at the draw to claim their prize.

Meet Conditions:

1. All events will be swum as mixed timed finals. Self marshalling will operate.
2. The meet will be swum under SNZ/FINA rules and local rules, with over the top starts
3. Protest fee is \$50.00
4. Age is at 24 November. Open to SNZ registered club and competitive swimmers.
5. Races at this Long Course meet will start at the deep end. Entry to the pool during warm-up will be feet first only (except authorised sprint lanes). The depth at the shallow end is 1.2m. There is to be no diving at the shallow end.
6. Para swimmers are eligible to compete at this meet and must present their classification card to the Meet Director/Referee prior to the commencement of the meet.
7. Maximum 3 events per swimmer. 1 NT for events over 50m. No NT's for 50m events.
8. Entries will be via the SNZ Database. Entries close at 23:59.59 (midnight) on 17 November 2018.
9. Entry fees are \$10.00 per event, payment online by Credit Card. PCA is GST registered no 55-174-466
10. **There will be no refunds for withdrawals after entries have closed.** Scratchings prior to the meet are to be sent to Keri Martin by email at race@swimporirua.co.nz by mid-day on 23 Friday 2018.
11. **Printed programmes will not be available at the meet.** A programme will be emailed to clubs after mid-day on Friday 23 November and will be available on the PCA website.
12. Swimming Wellington pool entry passes are to be used by Swimmers. Coaches and Team Managers. Officials are to sign in. Visiting clubs will be issued with temporary entry passes for the meet. Entry and programmes for nominated Team Coaches & Team Managers will be; 1-10 Swimmers [2], 11-20 [4], 21-35+ [6].
13. Entry via the Main Entrance for swimmers and spectators. Please ensure you show your pass upon entry.
14. The Organisers will not be liable for any loss or damage during the period of the meet. All participants must agree to comply with the Sports' Anti-Doping Rules.
15. The Organisers reserve the right to amend the program if necessary, and to restrict entries
16. Officials; 2 qualified IOT's & 2 Timekeepers per club. Clubs with higher number of entries may be asked to provide more. Please advise names to Beckie Duffy by email to officials@swimporirua.co.nz by 18 November 2018
17. By entering this meet participants agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or PCA in accordance with the SNZ Member Protection Policy.
18. Strapping on a swimmer is not permitted unless sighted prior to the meet by the Technical Director and is supported by a doctors/physio certificate/letter.
19. Technical Director Brent Harris 027 489 1120, Meet Organiser Viv Morton 234 7071 email president@swimporirua.co.nz