

**FEILDING AMATEUR SWIMMING CLUB
IN ASSOCIATION WITH MIDWEST DISPOSALS PRESENTS**

2022 FASC SPRING CARNIVAL

MAKINO AQUATIC CENTRE, FEILDING

SUNDAY 20TH NOVEMBER 2022, WARM UP 12.30PM RACE START 1PM

1	Foxton Cup Boys 13&U Relay (5 x 50FR)*		OFFICIALS' BREAK
2	Foxton Cup Girls 13&U Relay (5 x 50FR)*	12	100m Butterfly
3	50m Backstroke	13	200m Breaststroke
4	100m Individual Medley	14	25m Backstroke (10 and under)
5	25m Freestyle (10 and under)	15	25m Butterfly (10 and under)
6	25m Breaststroke (10 and under)	16	100m Freestyle
7	200m Freestyle	17	400m Freestyle
8	50m Breaststroke	18	200 Backstroke
9	100m Backstroke	19	50m Butterfly
10	200m Individual Medley	20	100m Breaststroke
11	50m Freestyle	21	Monk Cup Open Relay (4 x 50FR)*



With special thanks to the Manawatu District Council Events Fund Grant

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TERMS AND CONDITIONS

- This event is a designated meet and is open to all Club and Competitive swimmers registered in the SNZ database as financial at the time of the meet.
- Entries close Sunday 13 November 2022, 23:59pm. Entries must be submitted online via Fastlane – no late entries will be accepted. Age is at the day of meet.
- The meet will be swum under the current FINA, SNZ and Para rules except where local meet rules and conditions apply.
- All events will be swum as mixed gender timed finals with over-the-top starts. Marshalling will be in place.
- Individual entry fees are \$7.00 per event with a limit of 5 events.
- FASC reserves the right to limit entries or alter the programme should the need arise. 200m and 400m may be limited if excessive entries are received. 25m events are restricted to swimmers 10 years and under.
- No refunds will be considered after the psych sheets have been published unless accompanied by a medical certificate.
- FASC will not be liable for any loss or damage during the meet.
- All participants agree to comply with sports anti-doping rules.

RESULTS

Medals will be awarded for 1st, 2nd and 3rd in the following age groups:

- 25m events – 8 and under, 9-10 years
- 50m and 100m events – 8 and under, 9-10 years, 11-12 years, 13-14 years, 15 and over
- 200m and 400m events – 12 and under, 13-14 years, 15 and over

RELAYS*

- Any club may enter the Foxton Cups and Monk Cup relay events, however only Manawatū clubs will earn points towards the respective cups.
- Swimmers must swim at least 1 individual event to be eligible to swim relays.
- Ribbons will be awarded to Teams that are 1st, 2nd and 3rd on the day, whether Manawatū clubs or not.

OTHER

- It would be appreciated if NTs could be accompanied by an email with coach/estimate short course times.
- Admission to Makino Aquatic Centre is free/no spectator charge. Seating is minimal, and it is advisable to BYO. Programmes provided for team managers.
- FASC will endeavour to provide as many timekeepers as possible however we ask that clubs provide 1 timekeeper per 4 swimmers entered, to ensure a successful meet.

Enquiries to FASC Race Secretary, Emma Miller via email: racesecretary@fasc.co.nz

Psych sheets will be emailed to participating clubs and available on Swimming Manawatū website www.manawatu.swimming.org.nz