

RSC Club Championships 2023

Coastlands Aquatic Centre
Paraparaumu

Tuesday 4 April 2023

**Warm up: 5pm-5.25pm
Start: 5.30pm**

Male	Female	Event
1	2	25m Free
3	4	50m Fly 10&over
5	6	25m Breast
7	8	50m Back 10&over
9	9	25m Kick
10	11	25m Back
12	13	50m Breast 10&over
14	15	25m Fly
16	17	50m Free 10&over
18	19	100m IM*
20	20	Relay

**Swimmers may only enter
one event of each stroke.**

*The 100m IM is open to all ages but points will only be awarded to swimmers 10 & over

Meet Conditions

- This is a Short Course **Development meet**. The pool depth is 2.4m at dive end. Care is required when diving. Feet first entry during warm up apart from the allocated dive lane. Diving is permitted in lane 0, deep end only, for all of warm up. Warm up 5pm-5.25pm.
- The meet will be swum under SNZ/FINA and local rules, with over the top starts. All events will be swum as timed finals.
- This meet is open to Raumati Swimming Club squad members who are Financial SNZ registered Competitive, Club, Learn to Swim or Recreational swimmers.
- Classified para swimmers (including those with provisional classification) are eligible to compete at this meet and are requested to report to the Referee prior to the warm-up.
- Entries are via <https://fastlane.swimming.org.nz/login>
- Kick and Relay events to be entered on the night.
- Entries close at 23:59.59 on Friday 31 March 2023.**
Late entries will not be accepted. No times will be accepted.
- Entry is free. Swimmers may enter a maximum of 5 events.
Swimmers may only enter one event of each stroke.
- Scratchings are to be emailed to racesec@raptors.nz by 5pm Monday 3 April 2023.
- Age Groups for the meet are 7&u, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18&o. **Age is at 4 April 2023.**
- Points will be awarded on completion of races as follows:**
9&under 25m, 10&over 50m and 10&over 100m IM events – 1st 12, 2nd 9, 3rd 7, 4th 5, 5th 4, 6th 3, 7th 2, 8th-15th 1
10&over 25m events - 1st 6, 2nd 4.5, 3rd 3.5, 4th 2.5, 5th 2, 6th 1.5, 7th 1, 8th-15th 0.5
9&under 100m IM and all ages kick & relay – **no points**
- Strapping on a swimmer must be sighted and approved by the Referee and supported by a doctor's/physio's certificate prior to the meet.
- The Organisers will not be liable for any loss or damage during the period of the meet. All participants must agree to comply with the Sports' Anti-Doping Rules.
- Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or host Club in accordance with the SNZ Member Protection Policy.
- The Organisers reserve the right to restrict entries, combine events or alter the programme.

Meet organiser – Fiona Morrison racesec@raptors.nz